



# Functional Capacity Evaluation & Performance Enhancement: The Sports Medicine Approach for Everyone 26th/27th March 2011 Presented by: Craig Liebenson, DC



## Course Content



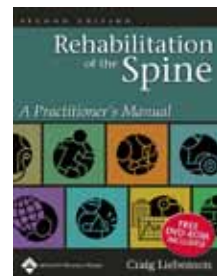
- Sacred cows of exercise
- The Functional Screen – The Magnificent 7
- The Clinical Audit Process (CAP): Finding the patient's functional training range
- The Straw Man & Core Controversies
- The Core Slings: Sagittal, Frontal & Transverse Plane Stability-Power System:
  - From foetal to upright posture - the verticalisation process
  - Tri-planar function from the baby to the Olympian
  - McGill & Kolar - biomechanics vs. developmental kinesiology
- Gravity, workplace design flaws & training myths: A Postural Conspiracy
- Janda's Movement Patterns - The orofacial-foot connection
- Balance: Footballers to the elderly
- Subtalar Hyperpronation: What does the arm have to do with it?
- ACL Injuries in Females: What have we learned?
- The Challenging Spine Patient: Inflammation vs Sensitisation
- The Overhead Athlete: Should they crawl before they throw?

## Craig Liebenson, DC



Dr Liebenson received his chiropractic degree from the Los Angeles College of Chiropractic. He is an Adjunct Professor in the School of Chiropractic, Division of Health Sciences at Murdoch University and a member of the International Association for the Study of Pain and the American Pain Society.

Dr Liebenson has published extensively in numerous journals and books on the subject of rehabilitation and chronic pain. He maintains a private practice specialising in rehabilitation in Los Angeles and is the author of patient education books on both the neck and low back. He is currently Director of the LA Sports & Spine Centre, where he specialises in acute and chronic musculoskeletal pain including sports medicine and post-operative rehabilitation.



**11 CPD Hours**

**Registration: Saturday 09:15**

**Saturday: 09:30 - 17:00**

**Sunday: 09:00 - 13:00**



**ACCREDITED FOR 11 CPD POINTS BY THE EUROPEAN ACADEMY OF CHIROPRACTIC**



### Early Bird Tuition Fees

**Early Bird discount applies if booking fee received by AECC on or before 28th February 2011.**

Early Bird Fee AECC GA/TAM Club/EAC members - £310  
Early Bird Fee Non Members - £330  
Early Bird Fee Students - £110

### Tuition Fees after 28th February 2011.

AECC GA/TAM Club/EAC members - £385  
Non Members - £405  
Students - £160



**Refreshments and a light lunch on Saturday only is included in the fee.**

### For more information or directions to the AECC, please contact:

CPD Administrator, Anglo-European College of Chiropractic, 13 - 15 Parkwood Road, Bournemouth, BH5 2DF  
Phone: 01202 436237 Fax: 01202 436262 Email: cpd@aecc.ac.uk Website: www.aecc.ac.uk

Course organisers reserve the right to make alterations to fees, arrangements and dates for the teach and learning sessions, including the decision to run all or parts of the course in light of demand. In the event that the course is cancelled or re-scheduled by the course organiser, a full refund of fees will be given, but the College takes no responsibility for travel or accommodation expenses incurred by the delegate. Cancellations received in writing 10 days prior to seminar will incur a 50% cancellation fee. Regrettably, it is not possible to offer refunds for cancellations or no shows received after this date.

## ✂ ----- FUNCTIONAL CAPACITY EVALUATION & PERFORMANCE ENHANCEMENT - 26th/27th MARCH 2011 -----

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Postcode: \_\_\_\_\_

Phone: \_\_\_\_\_

Profession: \_\_\_\_\_

Registration No: \_\_\_\_\_

If student - Place of Study \_\_\_\_\_

Dietary Requirements: \_\_\_\_\_

Email: \_\_\_\_\_

I wish to pay the tuition fees of ..... by:

Cheque - payable to AECC  Credit Card (please circle)

MASTERCARD  VISA  SWITCH  MAESTRO

AMERICAN EXPRESS CARDS NOT ACCEPTED

Card No: \_\_\_\_\_

Start date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Expiry date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Issue Number (Switch Only) 3 digit security no. \_\_\_\_

How did you hear about us:

AECC Website  CoC Website  Contact  InTouch

Word of Mouth  Other (Please state) \_\_\_\_\_