

Modern Spine Care Seminar by Dr. Craig Liebenson

17/4-18/4 2010

Registration form:

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The price includes coffee and tea, lunch/
buffet and conference materials.

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Dr. Craig Liebenson, DC

Biography

Dr. Liebenson is an Adjunct Professor in the School of Chiropractic, Division of Health Sciences at Murdoch University, Perth Australia and consultant for the Murdoch University and the Anglo-European Chiropractic College M.Sc. programs in Chiropractic Rehabilitation.

The first ever chiropractic member of the McKenzie Institute (U.S.) Board of Directors he serves on the editorial boards of numerous journals including the Journal of Occupational Rehabilitation, the PM&R Journal of Injury, Function and Rehabilitation, the Journal of Bodywork and Movement Therapy, and Journal of Manual Therapy.

Dr. Liebenson is the first health care provider to receive a Certification of Recognition from the National Committee for Quality Assurance (NCQA) on Achievement of Recognition for Delivery of Quality Back Pain Care.

He is actively engaged in ongoing research on the spinal stabilization system as a Visiting Scholar at Pr. Stuart McGill's Spine Biomechanics Laboratory at the University of Waterloo.

Dr. Liebenson publishes extensively and is the editor of the book/DVD Rehabilitation of the Spine: A Practitioner's Manual (2nd ed), 2007. He has had books published into Spanish, Greek, Korean and Japanese. He has been the team chiropractor for the N.B.A. Los Angeles Clippers since 2005 and is currently a consultant for the M.L.B. Arizona Diamondbacks.

Modern Spine Care Seminar by Dr. Craig Liebenson

CV : Craig Liebenson, DC
Los Angeles Sports and Spine
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Los Angeles, CA 90215
USA

DOB: 10/28/59

REVIEWS OF REHABILITATION OF THE SPINE: A PRACTITIONER'S MANUAL – 1st Edition

"This is a unique book in that the authors take scientific evidence, integrate it with chiropractic, and apply it to routine clinical practice. It is a complete book concerning itself with manual therapy in the broadest sense. It is highly recommended for all practitioners in the field of manual therapy."

Raymond Swinkels MS, PT
Dutch Institute for Allied Health, The Netherlands
Manual Therapy 1998;3:114.

"Liebenson, with the help of a bevy of heavyweight contributors, has crafted an extraordinary text which will certainly come to be a keystone for contemporary chiropractic practice....the first two chapters establish Liebenson's authority with his subject matter and set a scorching standard..."

Chiropractic Journal of Australia 1996;26 (4):142-43.

"This is one of the best texts ever in chiropractic (and physical medicine, for that matter) and is absolutely essential for DC's who want to be able to compete at the cutting edge of spinal care."

Robert Mootz DC, MS
Topics in Clinical Chiropractic 1996;3(4):63.

"Dr. Liebenson and his colleagues are to be congratulated for this presentation of the modern approach to spinal problems. They take the best scientific evidence available, integrate it with chiropractic, and apply it to routine clinical practice...a very practical contribution to the revolution that is now taking place in the care of patients with low back pain."

Gordon Waddell, MD from his forward to the book.

"This book...is the first published as a comprehensive practical text integrating current rehabilitation assessment and treatment methods into a standard private chiropractic office."

David Chapman-Smith The Chiropractic Report 1996;10 (4) 1.

"It belongs on the shelf of every chiropractor....should be required reading in all phases of chiropractic."

J Manipulative Physiol Ther 1996; 19(6)429-30.

"It is a major contribution to the advancement of chiropractic."

Prof. A.M. Kleynhans
Head, Department of Chiropractic, Osteopathy and Complementary Medicine RMIT University, Melbourne, Australia

"...is a text which reflects the multidisciplinary nature of rehabilitation of the spine...and illustrates the transition

from passive care -based therapies to active care approaches."

Gwendolen Jull P.T.
Department of Physiotherapy
The University of Queensland
Brisbane, Australia

"...Dr. Liebenson has orchestrated the thoughts of a truly prodigious group of scholars from diverse fields...he has "raised the bar" two notches in this genre of rehabilitation textbook...It is a plenary compendium of current rehabilitation science begging for a place in the bookcase of all those who treat patients with musculoskeletal pain and dysfunction."

Arthur C. Croft MS, DC, FACO
Journal of Musculoskeletal Pain 1997; 5(2) 142.

"...a thousand and one new ideas to help such situations (chronic pain patients) which are expertly collected, explained and documented in Craig Liebenson's text: Rehabilitation of the Spine: A Practitioner's Manual.. this is a 'must read'..."

Anthony O'Reilly BSc, GradDipChiro, DO, MChiroSc
The Australian Chiropractor - September 1997.

REVIEWS OF REHABILITATION OF THE SPINE: VIDEOTAPE SERIES

"This eight videotape series should be in the library of every practitioner dealing with pain in the musculoskeletal system. Included are diagnostic and therapeutic principles developed by some of the world's leading physicians in the field, and are clearly and practically presented for the clinician and patient. The exercise prescription gives the patient the ability to participate in the management of their problem in a comprehensive, safe and fun manner. The rehabilitation goal of having the patient responsible for their own health is laudably achieved."

Philip Greenman, D.O., F.A.A.O. Emeritus Professor, Michigan State University College of Osteopathic Medicine

"...the Rehabilitation of the Spine videos are the absolute finest I have viewed...While there are many videos on the market that describe spinal stabilization exercises, none compare to this video in terms of detail and manner of presentation."

David Seaman, D.C., C.C.N. Video Review in Dynamic Chiropractic October 4, 1999

"The graphics incorporated in the video show movement faults and are of high quality, contributing much to viewers' understanding...The video clearly demonstrates substitution movements than can occur when using gym equipment. This would be very useful to show to patients to help them to appreciate how faulty movement patterns can be reinforced."

Dionne Ryder MSc, MCSP, MMACP. Physiotherapy
2000 ;86 :558.

REVIEWS OF DR. LIEBENSON'S REHABILITATION & QUALITY ASSURANCE CERTIFICATION PROGRAMS

"Your course has changed the way I practice and I am very appreciative of all your efforts."

Mark Bernhard, D.C., Santa Cruz, CA

Modern Spine Care Seminar by Dr. Craig Liebenson

"I've been in practice 15+ years and I haven't been this excited about chiropractic since the day I opened my practice."

Len Mayer, D.C., Levittown, New York

"This class has changed the way I practice. I can more easily handle acute cases, chronic cases, patient's that have failed with other chiros, and kids who exhibit the beginnings of faulty postural patterns."

Matt Pagano, D.C., Winsted, Connecticut

"I would encourage all chiropractors to attend this series as a service to their patients and a treat to themselves This is information that you can utilize immediately in your practice."

Kimberly Watson, D.C., Apopka, Florida

"Your work is the 'missing link' in chiropractic education and practice. Mastery of manipulation and rehab together has limitless potential. Thanks again ."

John Kriner, DC New York.

"This was the best seminar I have attended in my 10 years of practice. It is great to see chiropractic and traditional medicine finally moving in the same direction." Charles F. Dunkerly, D.C. Pittsburgh, PA

REVIEWS FOR THE 2ND EDITION OF REHABILITATION OF THE SPINE: A PRACTITIONER'S MANUAL.

"This clinical resource presents the most current and significant spinal rehab information, showing how to apply simple and inexpensive rehabilitation in the office.... This manual achieves the highest rating of 10 out of 10 for current textbooks...."

Reviewed by Kim D. Christensen. J Amer Chiropr Assoc 2006 Apr;43(3):14

"For any practitioner of whatever persuasion involved in managing these patients, this book should never be far from your side, as it is a invaluable resource and represents an evolution from the first edition that truly represents contemporary practice for managing patients with spinal pain."

Reviewed by Peter Werth. COCA News. Newsletter of the Chiropractic & Osteopathic College of Australasia. June 2006;10:16-17.

"a milestone in chiropractic textbook-literature. There is no way but giving it 5 spines out of possible 5."

Reviewed (in Danish) by Teddy Fohlmann. June, 2006 in Kiropraktoren (a Danish Chiropractic journal)

"This book will be of value to anyone involved in back care (including trainees) and should occupy the frequently used end of their bookshelves."

Reviewed by Simon Paul. Journal of Orthopaedic Medicine, 2006

"There is a tremendous amount of valuable information in this text...this is a very important book for the chiropractic profession and manual therapists...Go out and buy this book, learn the principles behind it, and you will see the results with your patients and subsequent growth in your practice... 10 out of 10"

Reviewed by Mark King, Dynamic Chiropractic, July 2006

"the lineup of contributors to the book is truly amazing. It witnesses a galaxy of academic stars whose contributions make the cost of the book seem very good value indeed.... The Management section is vast, comprising some 500 pages. Many of these pages are taken up with excellent illustrations. No stone seems left unturned....this is an excellent book and DVD. Definitely a five star must-buy book!"

John Lange. Contact. Autumn, 40; 2006, www.chiropractic-uk.co.uk

"The influence of Lewit and the late Vladimir Janda permeate the book - with both of these giants participating as contributors. Their work, together with contributions from Cumpelik, Kolar, Pavlu, Veverkova and others, ensure that the Czech legacy is perpetuated...The text is extremely well illustrated with photographs and line drawings, but its crowning glory is a DVD, containing as it does a wide range of well illustrated assessment, rehabilitation and treatment protocols.... this is a magnificent text, and will become (as the first edition did) a classic."

Reviewed by Leon Chaitow. Journal of Bodywork and Movement Therapy, Journal of Bodywork and Movement Therapy 10 (October):315-316; 2006.

The first editionhas become a classic. The new edition... is wonderfully comprehensive and practical and will build further on that reputation.

Reviewed by David Chapman-Smith. The Chiropractic Report. September 2006:20(5).

"...make space on your treatment room bookshelf or with your desktop references for Rehabilitation of the Spine...a thoroughly user-friendly text, which went well beyond my expectations"

Reviewed by Jonice Owens. California Chiropractic Association Journal, Summer 2006.

"a must in every chiropractors library."

Reviewed by Harry Jansson. Swedish Chiropractic Association LKR. 2006. <http://www.lkr.se/default.asp>

"Rehabilitation of the Spine: A Practitioner's Manual is an absolute "must have" for all health care providers, academics and students wanting the latest information about contemporary approaches to spinal rehabilitation in clinical practice."

Reviewed by Wayne Minter. Journal of the Australian Chiropractic Association, June 2006.

"Rehabilitation of the Spine is an important work that should be read by all practitioners dealing with the treatment and rehabilitation of patients with musculoskeletal disorders."

Reviewed by Daniel Redwood. Journal of Complementary and Alternative Medicine, 12:937-938, 2006

"This textbook is packed with practical information on the fundamentals of spinal rehabilitation...Dr. Liebenson has made an important contribution to the rehabilitation literature with this fine text"

Reviewed by Michael Schneider. Journal of Manipulative and Physiologic Therapeutics, p685, 2006.

Modern Spine Care Seminar by Dr. Craig Liebenson

"Rehabilitation of the Spine: A Practitioner's Manual, now in its second edition, presents state-of-the-art strategies for optimizing functional outcomes in patients having spinal pain..Rehabilitation of the Spine is ...an authoritative resource for the practicing clinician."

Reviewed by Bruce Barron. J Occupational Rehabilitation, 2007

"The editor has gone to great lengths to remind the reader that spine problems are often psychobiological and respond to multidimensional rehabilitation programs...the book's content and references are helpful for every level and specialty of practitioner who manages patients with spinal problems...it is refreshing to pick up a textbook on rehabilitation of the spine with so much focus on diagnosis, assessment, exercise, and psychosocial issues....The second edition of Rehabilitation of the Spine continues to be a practical, readable, and helpful guide for both new and seasoned practitioners who treat patients suffering from spine problems. This text and DVD, are valuable resources that are not likely to gather dust on the shelf."

Reviewed by Stanley Herring. American Pain Society Bulletin 17;2:14, 2007.

We likely all agree on the importance of the biopsychosocial and patient-centered paradigms when it comes to management of patients with spinal complaints. Similarly, few will dispute the importance of evidence-based practice. However, most of us have likely struggled with how to implement these paradigms into clinical practice. In my opinion, this text is by far the best example of how all these paradigms can affect our day-to-day approach to diagnosis and management of patients with spine-related complaints making this a must-have text for any clinician active in this practice area."

Reviewed by Peter A. Huijbregts. Journal of Manual and Manipulative Therapy, March, 2007
and, Orthopedic Division Review of the Canadian Physical Therapy Association, 2007

"The DVD adds a third dimension to the book...An amazing kinetic skeleton graphic further clarifies correct and incorrect movements...the reference works succeeds admirably with its purpose."

Reviewed by Debra Coglianese, Physical Therapy 87:479, 2007

"Many world renowned specialists have contributed to this book. ...this book, the 'bible' of spinal rehabilitation, will be a prolongation of the success of Craig Liebenson's first book..."

Reviewed by Karl Devriese, BACKspace, Newsletter of the European Chiropractic Union August 2006 and March 2007

"This is an excellent text with ample illustrations, atlases, and a DVD to supplement the written material. It is a visually oriented text with a uniquely done DVD that illustrates normal and faulty movement patterns plus functional exercises. I would strongly recommend this text for every spinal rehabilitation practitioner."

Reviewed by Mark J Armstrong PT, DPT, MS, OCS, CSCS
Journal of Orthopaedic & Sports Physical Therapy. 37:280-281, 2007.

REVIEWS OF MODERN SPINE CARE SEMINAR SERIES

"I really enjoyed your seminar. So much info but it was all great and so useful. Can hardly wait for the next seminar. "

Catherine Pilibos, D.C. - San Francisco, CA

"Your seminar was a master class. I learned a lot of very useful methods that I can apply with my patients immediately"

Alberto Garcia - Barcelono, Spain

"Thank you for a great seminar this weekend. It was very inspiring and I've actually already started using some of the exercise we went over!"

Dr. Michelle Steinys - Chicago, IL

"I wanted to tell you that I really like your presentation and that your book 2nd edition is much better than the first spanish translation I bought years ago !"

Valerie Bordenave-Clamouse DC - Spain

"Your course was awesome, I like your style of dealing with patients."

Anna Gavenciakova - Bournemouth, England

"Thanks for a great seminar this past weekend. I feel much better prepared to put my patients on a path to wellness after this past weekend."

Dr. Kevin Eichelberger - Altoona, Iowa

"Lots of hands-on. Dr. Liebenson is a phenomenal instructor and role model."

Dr. Joseph Pavin

"Excellent program!"

Dr. Carissa Jacks

"Thanks for a great seminar. I traveled a fair distance to attend the seminar ... have been practicing for awhile and as I'm sure you know, it can get stale. The model you teach and the seminar this past weekend are invigorating and give me the confidence to provide my patients with the best available care."

Dr. William Rothman - Winnipeg Canada

"Modern Spine Care - Part one was great. I now feel that I can use more of what was taught over the past couple years. Your tying the loose ends together really helped. I firmly believe in what you're doing to make this a better profession with hard science and creative thinking that allows us to treat each patient as an individual with special goals and outcomes."

Dr. Greg LeBre - Indiana

"Thanks for a very inspirational weekend."

Dr. Andy Baer - Lexington, KY

"I just wanted to thank you again for a great seminar. You offered so much practical information that can be applied in any practice right away. As I mentioned to you at the seminar I will be opening my practice soon, and although I don't have it all mastered yet it is very empowering to have this knowledge that you have shared."

Dr. Chris Hubbard - Wisconsin

Modern Spine Care Seminar by Dr. Craig Liebenson

"I wanted to thank you for another great seminar, I appreciate hearing your big picture application of concepts from numerous camps, in a realistic manner."
Dr Heath Nagel- Indiana

"This is such an amazing opportunity, you have to seize it. It's one on one hands-on time with the MAN of spinal rehabilitation."
Gabrielle Shaughness – NYCC

"I want to thank you for all of your hard work throughout the years which brought you and our profession to this point. All of my career I have been looking for more and could never seem to find it. I think I have found it now!"
Dr. Amy O'Donnell – Greenwich, CT

I just wanted to thank you for an amazing seminar. It really has completely changed the way that I practice chiropractic!
Dr. Jan Lefkowitz – New York, NY

REHABILITATION OF THE SPINE - A PRACTITIONERS MANUAL 2ND EDITION BOOK

The foremost authorities from chiropractics, orthopaedics and physical therapy present a practical overview of spinal rehabilitation.

Rehabilitation of the Spine presents the most current and significant spinal rehab information, showing how to apply simple and inexpensive rehabilitation in the office. The updated Second Edition includes clinical/regional protocols and chapters on diagnostic triage, acute care, functional assessment, recovery care, outcomes, and biopsychosocial aspects.

A bonus DVD offers demonstrations of key therapies and procedures.

Overview

Active care

The role of muscles, joints, and the nervous system in painful conditions of the spine

Quality assurance

Putting the biopsychosocial model into practice

Basic Science

Lumbar spine stability: mechanism of injury and re-stabilization

The sources of back pain

Assessment

Diagnostic triage in patients with spinal pain

Outcome assessment

Assessment of psychosocial risk factors of chronicity

Evaluation of muscular imbalance

Quantification of physical performance ability

Physical performance tests: an expanded model of assessment and outcome

Employment screening and functional capacity evaluation to determine safe return to work

Acute Care Management (First 4 Weeks)

Active self-care: functional reactivation for spine pain patients

McKenzie spinal rehabilitation methods

Brugger methods for postural correction

Rehabilitation of breathing pattern disorders

Soft tissue manipulation

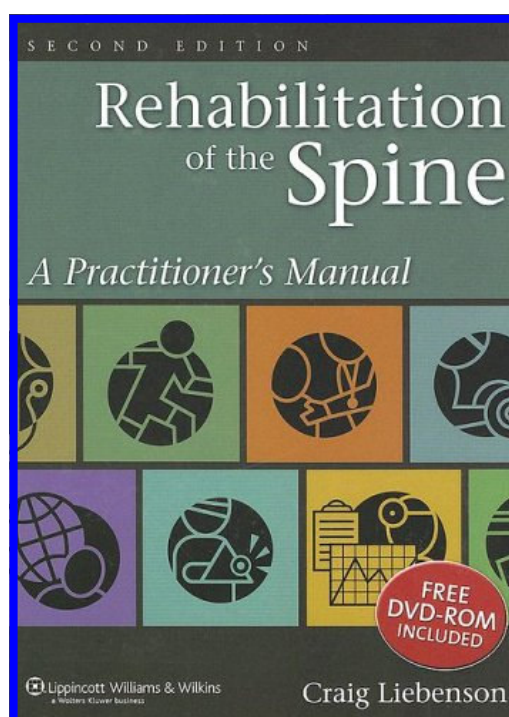
Manual resistance techniques
Neuromobilization techniques—evaluation and treatment of adverse neurodynamic tension
Manipulation techniques for key joints
Recovery Care Management (After 4 Weeks)
Sensory motor stimulation
Facilitation of agonist-antagonist co-activation by reflex stimulation methods
Yoga-based training for spinal stability
Spinal segmental stabilization training
Functional stability training
Global muscle stabilization training—isotonic protocols
Weight training for back stability
Advanced stabilization training for performance enhancement
Nutritional considerations for inflammation and pain
A cognitive behavioral therapy program for spinal pain
Practical Applications by Region
An integrated approach to regional disorders
Managing common syndromes and finding the key link
Integrated approach to the lumbar spine
Integrated approach to the cervical spine
Implementing the Functional Paradigm
The patient and the doctor
The role and safety of activity in the elderly
Role of non-operative spinal specialist in managing the spine patient
From guidelines to practice: what is the practitioner's role?

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Modern Spine Care Seminar by Dr. Craig Liebenson

PROGRAM 17/4 - 18/4 2010

SATURDAY 09.00 - 17.00 HOURS

SUNDAY 09.00 - 16.00 HOURS

Spine Rehab for Pain: A Patient-Centered Approach Outline

1. Can we exercise in spite of pain?
2. Finding the Patient's Functional Training Range
3. The Spine Stabilization System & How to Activate It (Neutral Spine/ McGill's Big 3/Bracing vs. Hollowing)
4. The Diaphragm and it's special role
5. The Athletic Posture - When & What to Mobilize
6. Manipulation of thoracic kyphosis/anterior hip capsule/posterior hip capsule
7. Sparing the Spine during ADLs
8. The Nerve Root Patient - McKenzie (directional preference) & Butler Protocols
9. Manipulation of the nervous system – sciatic nerve/hamstring/fascia/posterior hip capsule
10. Cervical Spine Fundamentals - C0-C1 Stability/Scapulo-Thoracic Stability
11. The Clinical Audit Process – Integration of Rehab & Functional Principles in Practice
12. Clinical Grand Rounds
13. Introduction to Long-Term Athletic Development

The specific methods workshopped & problem-solved will be:

1. Stability shear test
2. Vleemings SLR
3. McGill's microbreak
4. Brugger's microbreak
5. Cat camel
6. Abdominal bracing
7. McGill's Big 3
 - bird dog-superman
 - dying bug-curl up
 - side bridge-plank
8. Assessment/training of normal diaphragmatic respiration
9. Spine Sparing Strategies
 - anterior hip capsule & psoas mobilizations
 - posterior hip capsule & piriformis mobilizations
 - T4-8 & anterior chest mobilizations
 - hip hinge- squat/sit-to-stand/etc
10. Butler's Sciatic Slider
11. McKenzie assessment & extension mobilizations

Clinical Rationale Taught:

1. Functional Assessment
2. Inhibitory Techniques
3. Lengthening Techniques
4. Facilitation-Activation Techniques
5. Stabilization Techniques
6. Functional Integration Techniques

Modern Spine Care Seminar by Dr. Craig Liebenson

UNIVERSITY OF SOUTHERN DENMARK



The seminar will take place at the conference department of the University of Southern Denmark in Odense which is situated in the middle part of Denmark.

The address of the University of Southern Denmark is:

Syddansk Universitet
(University of Southern Denmark)
Campusvej 55
5230 Odense M
Denmark

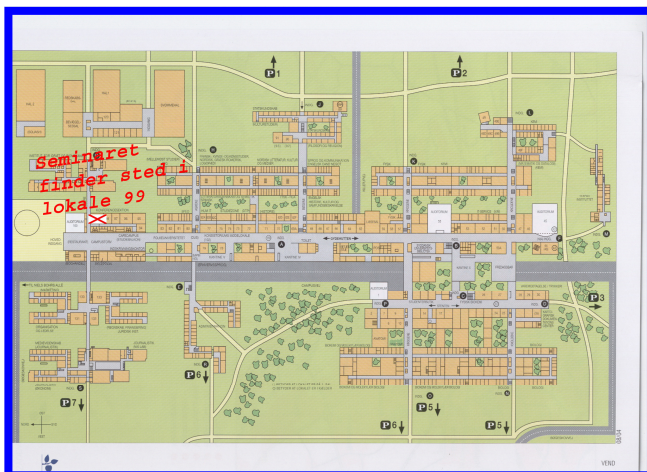
Website: www.sdu.dk

HOTEL INFORMATION: OWN BOOKING!



**Best Western Hotel
Knudsens Gaard
Hunderupgade 2
5230 Odense M
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Tel. +4563114311
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www.knudsensgaard.dk**

Best Western Hotel Knudsens Gaard is a four-star hotel, with a rare combination of country peace and modern comfort. The hotel is ideally situated in central Odense only 3,5 km from highway E20, and has a 1st class restaurant.



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When a registration is made, it is not possible to cancel. Only a written registration is accepted. The registration fee is not refundable. Chiroform reserve the right to cancel the seminar until 5 weeks prior the seminar. If Chiroform cancel, all full paid registrants will receive a full refund.