



Modern Spine Care

Problem-Solving Workshops:

An Integrated Approach for Acute Care, Spine Rehab, Injury Prevention & Performance Enhancement

Dates: Feb. 27, 28 & March 27,28 2010
San Francisco, CA

Become a member of ISCRS & get a \$200 discount!

Presented by -
Craig Liebenson, D.C.
L.A. Sports and Spine
MSC Seminar Registration Info:
(310) 470-2909
Fee: \$1000 for entire program



Reviews of Modern Spine Care

This new concentrated 28 hour format introducing the “state of the art” for Spine Rehab & Functional-Performance Training in just 2 face-to-face classes has been taught in England, Chicago, NY, CA, & Pittsburgh in the last 2 years.

“I really enjoyed the seminar. So much info...it was great and so useful...can hardly wait for the next seminar.” - *Catherine Pilibos, D.C. - San Francisco, CA*

“Your seminar was a master class. I learned a lot of very useful methods that I can apply with my patients immediately” – *Dr. Alberto Garcia - Barceleno, Spain*

“Thanks again for all the great stuff. Of all the classes that I have taken, nobody has ever provided so many resources.” - *Brian Mock, DPT - Pittsburgh PA*

“I just wanted to thank you for everything you taught us and for all the additional information you continue to share with us. I want you to know how unusual it is for a lecturer to volunteer the resources and information you have without additional compensation.” - *Dr. Dave Shaffer VA*

“Thank you for a great seminar this weekend. It was very inspiring and I've already started using some of the exercise we went over!” - *Dr. Michelle Steinys - Chicago, IL*

“I wanted to tell you that I really like your presentation and that your book 2nd edition is much better than the first spanish translation I bought years ago !” – *Dr. Valerie Bordenave-Clamouse - Spain*

“Your course was awesome, I like your style of dealing with patients.” – *Dr. Anna Gavenciakova - Bournemouth, England*

“Thanks for a great seminar this past weekend. I feel much better prepared to put my patients on a path to wellness after this past weekend.” - *Dr. Kevin Eichelberger - Altoona, IA*

“Lots of hands-on. Dr. Liebenson is a phenomenal instructor and role model.” - *Dr. Joseph Pavin*

“Thanks for a great seminar. I traveled a fair distance to attend the seminar ... have been practicing for awhile and as you know, it can get stale. The model you teach is invigorating and gives me the confidence to provide my patients with the best available care.” - *Dr. William Rothman - Winnipeg Canada*

“The seminar was great. I now feel that I can use these concepts I have been studying. Your tying the loose ends together really helped. I firmly believe in what you're doing to make this a better profession with hard science and creative thinking that allows us to treat each patient as an individual.” - *Dr. Greg LeBre - IN*

“Thank you again for a great seminar. You offered so much practical information that can be applied in any practice right away. I will be opening my practice soon, and although I don't have it all mastered yet it is empowering to have this knowledge that you have shared.” - *Dr. Chris Hubbard - WI*

“I wanted to thank you for another great seminar, I appreciate hearing your big picture application of concepts from numerous camps, in a realistic manner.” - *Dr Heath Nagel- IN*

“This is such an amazing opportunity, you have to seize it. It's one on one hands-on time with the MAN of spinal rehabilitation.” - *Dr. Gabrielle Shaughness – NY*

“I want to thank you for all of your hard work throughout the years which brought you and our profession to this point. All of my career I have been looking for more and could never seem to find it. I think I have found it now!” - *Dr. Amy O'Donnell – Greenwich, CT*

I just wanted to thank you for an amazing seminar. It really has completely changed the way that I practice chiropractic! Using the audit process has been such an incredible change for me in the way that I work up my patient cases” - *Dr. Jan Lefkowitz – New York, NY*

Course Content

MSC I – Spine Rehab for Pain: A Patient-Centered Approach

- Janda's assessment of muscle imbalance & faulty movement patterns
- Blend manipulation, McKenzie & Stabilization approaches
- Butler neuromobilization techniques
- Ergonomics & Brugger's postural centration
- The interplay of the diaphragm, pelvic floor, abdominal wall, & spinal intrinsic
- "McGill's Big 3"
- How to determine where to mobilize & where to stabilize
- Documentation & the Clinical Audit Process

MSC II – Functional Training: An Integrated Approach for Injury Prevention & Performance Enhancement

- Step by step analysis of your patient's kinetic chain linkage system
- Perform a functional assessment to identify your patient's "weak link"
- The A,B,C's of athletic movement literacy
- Administer a dynamic warm-up
- Safe plyometrics
- Integrating core & functional-performance training
- Long Term Athletic Development from the European Olympic Movement to prevent overuse syndromes

"The seminar was incredible!!" Stephen Stellfox - Orlando, FL

Location:

**ChiroMedical Group
246 First Street #101
San Francisco, CA 94105**

Course Times:

- Saturday 9:00-5:30
- Sunday 8:30-2:00

Special Discount Prices for the MSC Series:

\$800 - ISCRS members

Join at - www.clinicalrehabspecialists.com

\$650 - for those repeating MSC I & II

\$750 for Students-\$700 if members of ISCRS

Questions: craigliebenson@gmail.com



CEU's:

- Applied for in CA & selected states w/ Palmer College of Chiropractic
- \$75 fee applies

**"Thanks for another awesome learning experience.
Every time I go I feel revitalized, ready to transform my practice."
Dr. Andy Baer, Lexington, KY**